

Section 4 - Benefits and services

Medi-Cal benefits covered by CalOptima

Outpatient (ambulatory) services

The Provisional Postpartum Care Extension program has been replaced with the new Postpartum care Extension Program.

The Postpartum Care Extension Program

The Postpartum Care Extension Program provides extended coverage for Medi-Cal members during both the pregnancy and after pregnancy.

The Postpartum Care Extension Program extends coverage by CalOptima for up to 12 months after the end of the pregnancy regardless of income, citizenship or immigration status and no additional action is needed.

Rapid Whole Genome Sequencing

Rapid Whole Genome Sequencing (rWGS), including individual sequencing, trio sequencing for a parent or parents and their baby, and ultra-rapid sequencing, is a covered benefit for any Medi-Cal member who is one year of age or younger and is receiving inpatient hospital services in an intensive care unit. rWGS is an emerging method of diagnosing conditions in time to affect ICU care of children one year of age or younger.

Other CalOptima covered benefits and programs

Whole Child Model (WCM) Program

The WCM program incorporates California Children's Services (CCS) program covered services for Medi-Cal eligible CCS children and youth into CalOptima. CCS is a state program that treats children under 21 years of age with certain eligible health conditions, diseases or chronic health problems and who meet the CCS program rules. If CalOptima or your PCP believes you or your child has a CCS-eligible condition, they will be referred to the CCS county program to be assessed for eligibility. If you or your child is determined eligible for WCM, they will get their CCS care through CalOptima.

CCS does not cover all health conditions. CCS covers most health conditions that physically disable or that need to be treated with medicines, surgery or rehabilitation (rehab).

Examples of CCS-eligible conditions include but are not limited to:

- Congenital heart disease
- Cancers
- Tumors
- Hemophilia
- Sickle cell anemia
- Thyroid problems
- Diabetes
- Serious chronic kidney problems
- Liver disease
- Intestinal disease
- Cleft lip/palate
- Spina bifida
- Hearing loss
- Cataracts
- Cerebral palsy
- Transplants
- Seizures under certain circumstances
- Rheumatoid arthritis
- Muscular dystrophy
- AIDS
- Severe head, brain or spinal cord injuries
- Severe burns
- Severely crooked teeth

CCS county program staff will decide if your child qualifies for CCS services. If your child qualifies to get this type of care, CCS providers working with CalOptima will treat the child for the CCS-eligible condition.

You may be able to receive transportation, meals, lodging and other costs such as parking, tolls, etc. if you or your family needs assistance to get to a medical appointment related to a CCS-eligible condition and there is no other available resource. You should call CalOptima before you pay out of pocket for transportation since CalOptima does provide non-medical and non-emergency medical transportation as noted in benefits and services. However, if you do pay out of pocket you may be able to receive reimbursement from CalOptima if you pay for the necessary transportation expenses up front. If your transportation is determined to be necessary, CalOptima must approve and reimburse you within 60 calendar days of you submitting the required receipts and documentation for transportation expenses.