



Summary of Benefits

OneCare Connect Cal MediConnect Plan
(Medicare-Medicaid Plan)



OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Introduction

This document is a brief summary of the benefits and services covered by OneCare Connect. It includes answers to frequently asked questions, important contact information, an overview of benefits and services offered, and information about your rights as a member of OneCare Connect. Key terms and their definitions appear in alphabetical order in the last chapter of the *Member Handbook*.

Table of Contents

A. Disclaimers.....	2
B. Frequently Asked Questions.....	4
C. Overview of Services.....	9
D. Services covered outside of OneCare Connect	26
E. Services that OneCare Connect, Medicare, and Medi-Cal do not cover	28
F. Your rights as a member of the plan	29
G. How to file a complaint or appeal a denied service	31
H. What to do if you suspect fraud	31



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

A. Disclaimers



This is a summary of health services covered by OneCare Connect Cal MediConnect (Medicare-Medicaid Plan) for January 1-December 31, 2022. This is only a summary. Please read the *Member Handbook* for the full list of benefits. An up-to-date copy of the *Member Handbook* is available on our website at www.caloptima.org/onecareconnect. You may also call Customer Service at **1-855-705-8823** to ask us to mail you a *Member Handbook*.

- ❖ OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Medi-Cal to provide benefits of both programs to enrollees.
- ❖ Under OneCare Connect you can get your Medicare and Medi-Cal services in one health plan. A OneCare Connect personal care coordinator will help manage your health care needs.
- ❖ This is not a complete list. The benefit information is a brief summary, not a complete description of benefits. For more information contact the plan or read the *Member Handbook*.
- ❖ OneCare Connect complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Please call our Customer Service number at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**.
- ❖ ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call **1-855-705-8823** (TTY **711**), 24 hours a day, 7 days a week. The call is free.
- ❖ ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-855-705-8823** (TTY **711**), las 24 horas al día, los 7 días de la semana. Esta llamada es gratuita.
- ❖ CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-855-705-8823** (TTY **711**), 24 giờ một ngày, 7 ngày một tuần. Cuộc gọi này hoàn toàn miễn phí.
- ❖ توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. لطفاً طی 24 ساعت شبانه روز و در 7 روز هفته تماس بگیرید. با شماره تلفن **1-855-705-8823** (TTY **711**) تماس بگیرید. طی 24 ساعت شبانه روز و در 7 روز هفته تماس بگیرید. این تماس رایگان است.
- ❖ 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 주 7일, 하루 24시간 운영되는 **1-855-705-8823** (TTY **711**) 번으로 전화해 주십시오. 통화는 무료입니다.
- ❖ ملاحظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية المجانية متاحة لك. اتصل على الرقم **1-855-705-8823**، على مدار 24 ساعة في اليوم و 7 أيام في الأسبوع. يمكن لمستخدمي TTY الاتصال على الرقم المجاني **711**. المكالمات مجانية.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

- ❖ 注意：如果您使用繁體中文，您可以獲得免費的語言服務。請致電 **1-855-705-8823**，服務時間為每週7天，每天24小時。TTY 用戶可以撥打免費專線 **711**。該電話為免費。
- ❖ You can get this document for free in other formats, such as large print, braille or audio. Call **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call toll-free at **711**. The call is free.
- ❖ You can also make a standing request to get materials in threshold languages and/or alternate format.
 - Threshold languages available in Spanish, Vietnamese, Farsi, Korean, Chinese or Arabic.
 - Alternative formats are available in large print, braille, or audio.
 - Your standing request will be kept in our system for all future mailings and communications.
 - To cancel or make a change to your standing request please call Customer Service number at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

B. Frequently Asked Questions

The following chart lists frequently asked questions.

Frequently Asked Questions (FAQ)	Answers
What is a Cal MediConnect Plan?	A Cal MediConnect Plan is an organization made up of doctors, hospitals, pharmacies, providers of long-term services, and other providers. It also has personal care coordinators to help you manage all your providers and services. They all work together to provide the care you need. OneCare Connect (Medicare-Medicaid Plan) is a Cal MediConnect Plan that provides benefits of Medi-Cal and Medicare to enrollees.
What is a OneCare Connect personal care coordinator?	A OneCare Connect personal care coordinator is one main person for you to contact. This person helps manage all your providers and services and makes sure you get what you need.
What are Long-Term Services and Supports (LTSS)?	LTSS are for members who need assistance to do everyday tasks like taking a bath, getting dressed, making food, and taking medicine. Most of these services are provided at your home or in your community but could be provided in a nursing home or hospital. LTSS include the following programs: Community-Based Adult Services (CBAS), and long-term skilled nursing care provided by Nursing Facilities (NF).



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Frequently Asked Questions (FAQ)	Answers
<p>Will I get the same Medicare and Medi-Cal benefits in OneCare Connect that I get now?</p>	<p>You will get most of your covered Medicare and Medi-Cal benefits directly from OneCare Connect. You will work with a team of providers who will help determine what services will best meet your needs. This means that some of the services you get now may change.</p> <p>When you enroll in OneCare Connect, you and your care team will work together to develop an Individualized Care Plan to address your health and support needs, reflecting your personal preferences and goals. Also, if you are taking any Medicare Part D prescription drugs that OneCare Connect does not normally cover, you can get a temporary supply and we will help you to transition to another drug or get an exception for OneCare Connect to cover your drug if medically necessary.</p>
<p>Can I go to the same doctors I see now?</p>	<p>Often that is the case. If your providers (including doctors and pharmacies) work with OneCare Connect and have a contract with us, you can keep going to them.</p> <ul style="list-style-type: none"> ● Providers who have an agreement with us are “in-network.” You must use the providers in OneCare Connect’s network. ● If you need urgent or emergency care or out-of-area dialysis services, you can use providers outside of OneCare Connect’s plan. <p>To find out if your doctors are in the plan’s network, call Customer Service or read OneCare Connect’s <i>Provider and Pharmacy Directory</i> on the plan’s website at www.caloptima.org/onecareconnect.</p> <p>If OneCare Connect is new for you, we will work with you to develop an Individualized Care Plan to address your needs. You can continue using the doctors you use now for 12 months.</p>

? If you have questions, please call OneCare Connect at 1-855-705-8823, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. For more information, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Frequently Asked Questions (FAQ)	Answers
What happens if I need a service but no one in OneCare Connect's network can provide it?	Most services will be provided by our network providers. If you need a service that cannot be provided within our network, OneCare Connect will pay for the cost of an out-of-network provider.
Where is OneCare Connect available?	The service area for this plan includes: Orange County, California. You must live in this area to join the plan.
Do I pay a monthly amount (also called a premium) under OneCare Connect?	You will not pay any monthly premiums to OneCare Connect for your health coverage.
What is prior authorization?	<p>Prior authorization means that you must get approval from OneCare Connect before you can get a specific service or drug or use an out-of-network provider. OneCare Connect may not cover the service or drug if you do not get approval.</p> <p>If you need urgent or emergency care or out-of-area dialysis services, you do not need to get approval first. OneCare Connect can provide you with a list of services or procedures that require you to obtain prior authorization from OneCare Connect before the service is provided.</p> <p>Refer to Chapter 3, of the <i>Member Handbook</i> to learn more about prior authorization. Refer to the Benefits Chart in Section D of Chapter 4 of the <i>Member Handbook</i> to learn which services require a prior authorization.</p>
What is a referral?	<p>A referral means that your primary care provider (PCP) must give you approval before you can go to someone that is not your PCP or use other providers in the plan's network. If you don't get approval, OneCare Connect may not cover the services. You don't need a referral to see certain specialists, such as women's health specialists.</p> <p>Refer to Chapter 3, of the <i>Member Handbook</i> to learn more about when you will need to get a referral from your PCP.</p>

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan):
Summary of Benefits 2022

Frequently Asked Questions (FAQ)	Answers
What is Extra Help?	Extra Help is a Medicare program that helps people with limited incomes and resources reduce Medicare Part D prescription drug costs such as premiums, deductibles, and copays. Extra Help is also called the “Low-Income Subsidy,” or “LIS.” Your prescription drug copays under OneCare Connect already include the amount of Extra Help you qualify for. For more information about Extra Help, contact your local Social Security Office, or call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Frequently Asked Questions (FAQ)	Answers
<p>Who should I contact if I have questions or need help?</p>	<p>If you have general questions or questions about our plan, services, service area, billing, or Member ID cards, please call OneCare Connect Customer Service:</p> <p>CALL 1-855-705-8823 Calls to this number are free. 24 hours a day, 7 days a week. Customer Service also has free language interpreter services available for people who do not speak English.</p> <p>TTY 711 This number is for people who have hearing or speaking problems. You must have special telephone equipment to call it. Calls to this number are free. 24 hours a day, 7 days a week.</p> <p>If you have questions about your health, please call the Nurse Advice Call line:</p> <p>CALL 1-844-447-8441 Calls to this number are free. 24 hours a day, 7 days a week.</p> <p>TTY 1-844-514-3774 Calls to this number are free. 24 hours a day, 7 days a week.</p> <p>If you need immediate behavioral health services, please call the Behavioral Health Crisis Line:</p> <p>CALL 1-855-877-3885 Calls to this number are free. 24 hours a day, 7 days a week.</p> <p>TTY 711 This number is for people who have hearing or speaking problems. You must have special telephone equipment to call it. Calls to this number are free. 24 hours a day, 7 days a week.</p>

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

C. Overview of Services

The following chart is a quick overview of what services you may need, your costs and rules about the benefits.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You want a doctor (This service is continued on the next page)	Visits to treat an injury or illness	\$0	Authorization rules may apply.
	Wellness visits, such as a physical	\$0	Authorization rules may apply.
	Transportation to a doctor's office	\$0	<p><u>Non-Emergency Medical Transportation</u></p> <p>Non-emergency medical transportation by ambulance/ gurney, litter van, wheelchair van, or air transport is appropriate when it is documented that the member's condition is such that other means of transportation could endanger the member's health and that medical necessity was used to determine the type of transportation being requested.</p> <p>Prior scheduling rules may apply. To schedule non-emergency medical transportation call Customer Service at 1-855-705-8823. TTY users can call 711.</p>

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
<p>You want a doctor (This service continues from the previous page)</p>	<p>Transportation to a doctor's office (continued)</p>	<p>\$0</p>	<p><u>Non-Medical Transportation</u> Unlimited transportation to plan approved locations for medically necessary covered services. Coverage also includes unlimited trips to and from the gym as the health club membership is offered as supplemental benefit under this plan.</p> <ul style="list-style-type: none"> ● Modes of transportation available: <ul style="list-style-type: none"> ○ Daily/monthly bus passes ○ OC Access vouchers ○ Personal driver mileage reimbursement ○ Taxi <p>Schedule your transportation at least two business days in advance by calling 1-855-306-0590. TTY users can call 711.</p>
	<p>Specialist care</p>	<p>\$0</p>	<p>Services may require a referral from your primary care provider.</p>
	<p>Care to keep you from getting sick, such as flu shots</p>	<p>\$0</p>	
	<p>“Welcome to Medicare” preventive visit (one time only)</p>	<p>\$0</p>	

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need medical tests	Lab tests, such as blood work	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details.
	X-rays or other pictures, such as CAT scans	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details.
	Screening tests, such as tests to check for cancer	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details.
You need drugs to treat your illness or condition (This service is continued on the next page)	Generic drugs (no brand name)	You pay \$0 for a 30-day supply	There may be limitations on the types of drugs covered. Please see OneCare Connect's <i>List of Covered Drugs</i> (Drug List) for more information.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
<p>You need drugs to treat your illness or condition (This service continues from the previous page)</p>	Brand name drugs	<p>You pay \$0, \$4.00, or \$9.85 for a 30-day supply.</p> <p>Copays for prescription drugs may vary based on the level of Extra Help you get. Please contact the plan for more details.</p>	<p>There may be limitations on the types of drugs covered. Please refer to OneCare Connect's <i>List of Covered Drugs</i> (Drug List) for more information.</p> <p>You pay \$0 per prescription until your total drug costs reach \$4,430. Then you pay \$0, \$4.00, or \$9.85 per prescription.</p> <p>When your total out-of-pocket costs reach \$7,050, you pay \$0 per prescription.</p> <p>For some prescription drugs, you can get a long-term supply (also called an "extended supply") when you fill your prescription. A long-term supply is up to a 90-day supply and is available at retail pharmacy locations. The cost sharing for a 90-day supply is the same as for a one-month supply.</p>
	Over-the-counter drugs	\$0	<p>There may be limitations on the types of drugs covered. Please see OneCare Connect's <i>List of Covered Drugs</i> (Drug List) for more information.</p>
	Medicare Part B prescription drugs	\$0	<p>Part B drugs include drugs given by your doctor in their office, some oral cancer drugs, and some drugs used with certain medical equipment. Read the <i>Member Handbook</i> for more information on these drugs.</p>



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need therapy after a stroke or accident	Occupational, physical, or speech therapy	\$0	<p>Authorization rules may apply. Referral requirements may apply. Contact plan for details.</p> <p>Beneficiary must meet eligibility criteria to receive non-Medicare physical therapy and speech pathology. Eligibility for occupational therapy applies only to CBAS. Beneficiary must be 18 years or older and meet nursing facility level of care.</p>
You need emergency care	Emergency room services	\$0	<p>Prior authorization is not needed for emergency care services.</p> <p>You pay for your emergency and urgent care outside of the U.S. and we will reimburse you up to \$100,000 per year. Contact plan for details.</p>
	Ambulance services	\$0	
	Urgent care	\$0	<p>Prior authorization is not needed for out of network urgent care.</p> <p>You pay for your emergency and urgent care outside of the U.S. and we will reimburse you up to \$100,000 per year. Contact plan for details.</p>



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need hospital care	Hospital stay	\$0	Authorization rules may apply. Our plan covers an unlimited number of days for an inpatient hospital stay. Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.
	Doctor or surgeon care	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details.

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need help getting better or have special health needs	Rehabilitation services	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details. Rehabilitation services include: <ul style="list-style-type: none"> • Cardiac (heart) rehabilitation services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks) • Occupational therapy visit • Non-Medicare occupational therapy service • Physical therapy and speech and language therapy visit • Speech and physical therapy services for CBAS enrollees Beneficiary must meet eligibility criteria to receive non-Medicare occupational therapy. Eligibility for occupational therapy applies to only CBAS. Beneficiary must be 18 or older, and meet nursing facility level of care.
	Medical equipment for home care	\$0	Authorization rules may apply.
	Skilled nursing care	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details. Our plan covers an unlimited number of days in a skilled nursing facility.

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need eye care	Eye exams	\$0	<p><u>Medically Necessary</u></p> <ul style="list-style-type: none"> Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening) <p><u>Supplemental</u></p> <ul style="list-style-type: none"> Routine eye exam (up to 1 every year).
	Glasses or contact lenses	\$0	<p><u>Medically Necessary</u></p> <ul style="list-style-type: none"> One (1) pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery <p><u>Supplemental</u></p> <ul style="list-style-type: none"> Up to one (1) pair of eyeglasses (lenses and frames) every two years; or Up to one (1) pair of contact lenses every two years <p>Our plan pays up to \$300 above the state Medi-Cal limit every two years for contact lenses, or eyeglasses (frames and lenses).</p>

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need hearing or auditory services	Hearing screenings	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details. Hearing screenings include exam to diagnose and treat hearing and balance issues.
	Hearing aids	\$0	Referral requirements may apply. Contact plan for details. Our plan pays up to \$1,000 above the state Medi-Cal limit per fiscal year for hearing aids (July 1–June 30). This includes molds, modification supplies and accessories.
You have a chronic condition, such as diabetes or heart disease	Services to help manage your disease	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details.
	Diabetes supplies and services	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details. Diabetic services include: <ul style="list-style-type: none"> • Diabetes monitoring supplies • Therapeutic shoes or inserts



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You have a mental health condition	Mental or behavioral health services	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details. Mental or behavioral health services include: <ul style="list-style-type: none"> ● Outpatient group therapy visit ● Outpatient individual therapy visit
You have a substance abuse problem	Substance abuse services	\$0	Substance abuse services include: <ul style="list-style-type: none"> ● Group therapy visit ● Individual therapy visit
You need long-term mental health services	Inpatient care for people who need mental health care	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details. <p><u>Inpatient visit:</u></p> Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital. Our plan covers 90 days for an inpatient hospital stay. Except in an emergency, your doctor must notify OneCare Connect that you are going to be admitted to the hospital.

? If you have questions, please call OneCare Connect at 1-855-705-8823, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. For more information, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need durable medical equipment (DME)	Wheelchairs	\$0	Authorization rules may apply.
	Nebulizers	\$0	Authorization rules may apply.
	Crutches	\$0	Authorization rules may apply.
	Walkers	\$0	Authorization rules may apply.
	Oxygen equipment and supplies	\$0	Authorization rules may apply.
You need help living at home	Changes to your home, such as ramps and wheelchair access	\$0	Please see “Other services OneCare Connect covers” under Additional Services. Please contact OneCare Connect for more information.
	Home health care services	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details. Home health care services include: <ul style="list-style-type: none"> • Additional hours of care • Personal care services • Home Health (Community-Based Adult Services enrollees)
	Services to help you live on your own	\$0	
	Adult day services or other support services	\$0	Authorization rules may apply. Referral requirements may apply. Contact plan for details.

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
You need a place to live with people available to help you	Nursing home care	\$0	
Your caregiver needs some time off	Respite care	\$0	



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Additional covered services (This service is continued on the next page)	Chiropractic Services	\$0 co-pay for manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position).	
	Care Plan Option (CPO) services	\$0 co-pay	Care Plan Option (CPO) services may be available under your Individualized Care Plan. These services give you more help at home, like meals, help for you or your caregiver, or shower grab bars and ramps. These services can help you live more independently but do not replace long-term services and supports (LTSS) that you are authorized to get under Medi-Cal. If you need help or would like to find out how CPO services may help you, contact your personal care coordinator.
	Foot Care (Podiatry Services)	\$0 co-pay for foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions.	Routine foot care may be available through Medi-Cal.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
Additional covered services (This service continues from the previous page and is continued on the next page)	Institutional Care	\$0 co-pay for: <ul style="list-style-type: none"> ● Institution for mental disease services for individual 65 or older ● Nursing home services 	Services may require a referral from your doctor.
	Over the Counter (OTC) Allowance	\$0 co-pay	\$70 benefit allowance or spending limit per quarter to order products that do not require a prescription such as cold and cough preparations. Items will be shipped directly to your home and any remaining balance does not carry over to the next quarter(s). You will receive a mail-order catalog with ordering instructions and details about the items you can purchase with your allowance.
	Prosthetic Devices (braces, artificial limbs, etc.)	\$0 co-pay for <ul style="list-style-type: none"> ● Prosthetic devices ● Related medical supplies 	Authorization rules may apply.
	Renal Dialysis	\$0 co-pay for dialysis services.	Authorization rules may apply. Referral requirements may apply. Contact plan for details.

? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
<p>Additional covered services (This service continues from the previous page and is continued on the next page)</p>	<p>Preventive Care</p>	<p>\$0 co-pay for:</p> <ul style="list-style-type: none"> ● Family planning services ● Tobacco cessation counseling for pregnant women 	<p>Our plan covers many preventive services, including:</p> <ul style="list-style-type: none"> ● Abdominal aortic aneurysm screening ● Alcohol misuse counseling ● Barium Enemas ● Bone mass measurement ● Breast cancer screening (mammogram) ● Cardiovascular disease (behavioral therapy) ● Cardiovascular screenings ● Cervical and vaginal cancer screening ● Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Flexible sigmoidoscopy) ● Depression screening ● Diabetes screenings



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
<p>Additional covered services (This service continues from the previous page and is continued on the next page)</p>	<p>Preventive Care (continued)</p>		<ul style="list-style-type: none"> ● Digital Rectal Exams ● EKG following Welcome Visit ● HIV screening ● Medical nutrition therapy services ● Obesity screening and counseling ● Prostate cancer screenings (PSA) ● Sexually transmitted infections screening and counseling ● Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease) ● Vaccines, including flu shots, hepatitis B shots, pneumococcal shots ● “Welcome to Medicare” preventive visit (one-time) ● Yearly “wellness visit” <p>Any additional preventive services approved by Medicare during the contract year will be covered. Referral requirements may apply.</p>



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, & benefit information (rules about benefits)
<p>Additional covered services (This service continues from the previous page)</p>	<p>Wellness / Education and Other Supplemental Benefits and Services</p>	<p>\$0 co-pay</p>	<p>You have the following options available at no cost to you:</p> <ul style="list-style-type: none"> ● Membership to participating fitness centers or YMCAs near you that take part in the program. Many participating fitness centers may also offer low-impact classes focused on improving and increasing muscular strength and endurance, mobility, flexibility, range of motion, balance, agility, and coordination. ● 8,000+ on-demand videos through the website and mobile app digital library. ● You are eligible to receive one home fitness kit per benefit year from a variety of fitness categories. ● Healthy Aging Coaching sessions by telephone with a trained coach where you can discuss topics like exercise, nutrition, social isolation, and brain health. ● Activity Tracker ● Online Healthy Aging classes. ● Online quarterly newsletter.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

D. Services covered outside of OneCare Connect

This is not a complete list. Call Customer Service to find out about other services not covered by OneCare Connect but available through Medicare or Medi-Cal.

Other services covered by Medicare or Medi-Cal	Your costs
Acupuncture	Outpatient acupuncture services are subject to a limit of two services in any one calendar month. Two-visit limit may be exceeded for medical necessity through the authorization process. Not reimbursable when billed as an emergency or inpatient service. Must be used to treat a condition also covered by other modalities. Covered when provided by a physician, dentist, podiatrist, or acupuncturist.
Some hospice care services	\$0
California Community Transitions (CCT) pre-transition coordination services and post-transition services	\$0
Certain dental services, such as X-rays, cleanings, fillings, root canals, extractions, crowns, and dentures	Services that are covered under the Medi-Cal Dental Program, are not chargeable to you. However, you are responsible for your share of the cost amount, if applicable. You are responsible for paying for services not covered by your plan or by Medi-Cal Dental Program.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

Other services covered by Medicare or Medi-Cal	Your costs
Additional Services	<p>Authorization rules may apply. Referral requirements may apply. Contact plan for details. \$0 co-pay for:</p> <ul style="list-style-type: none"> ● Case management ● Nursing facility resident chiropractic care and foot care ● Nursing facility resident vision and dental ● Nursing facility resident hearing exams and hearing aids ● Non-emergency medical transportation ● Transgender services ● Incontinence cream and diapers


? **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

E. Services that OneCare Connect, Medicare, and Medi-Cal do not cover

This is not a complete list. Call Customer Service to find out about other excluded services.

Services not covered by OneCare Connect, Medicare, or Medi-Cal	
Prescription and non-prescription drugs not covered by law	<p>By law, the types of drugs listed below are not covered by OneCare Connect, Medicare, or Medi-Cal:</p> <ul style="list-style-type: none"> • Drugs used to promote fertility • Drugs used for cosmetic purposes or to promote hair growth • Drugs used for the treatment of sexual or erectile dysfunction, such as Viagra®, Cialis®, Levitra®, and Caverject® • Outpatient drugs when the company who makes the drugs say that you have to have tests or services done only by them
Paramedic Services	<p>Paramedic Services are emergency medical treatments given at the scene by a paramedic. Call your city hall for information on coverage.</p>
Drugs received outside the United States and its territories	<p>OneCare Connect does not cover drugs received outside the United States and its territories. Exceptions may apply.</p>

 **If you have questions**, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

F. Your rights as a member of the plan

As a member of OneCare Connect, you have certain rights. You can exercise these rights without being punished. You can also use these rights without losing your health care services. We will tell you about your rights at least once a year. For more information on your rights, please read the *Member Handbook*. Your rights include, but are not limited to, the following:

- **You have a right to respect, fairness and dignity.** This includes the right to:
 - Get covered services without concern about race, ethnicity, national origin, religion, gender, age, mental or physical disability, sexual orientation, genetic information, ability to pay, or ability to speak English
 - Get information in other formats (e.g., large print, braille, and/or audio)
 - Be free from any form of physical restraint or seclusion
 - Not be billed by network providers
 - Have your questions and concerns answered completely and courteously
- **You have the right to get information about your health care.** This includes information on treatment and your treatment options. This information should be in a format you can understand. These rights include getting information on:
 - Description of the services we cover
 - How to get services
 - How much services will cost you
 - Names of health care providers and care managers
- **You have the right to make decisions about your care, including refusing treatment.** This includes the right to:
 - Choose a Primary Care Provider (PCP) and change your PCP at any time during the year
 - Use a women's health care provider without a referral
 - Get your covered services and drugs quickly
 - Know about all treatment options, no matter what they cost or whether they are covered



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

- Refuse treatment, even if your doctor advises against it
- Stop taking medicine
- Ask for a second opinion. OneCare Connect will pay for the cost of your second opinion visit.
- Create and apply an advance directive, such as a will or health care proxy.
- **You have the right to timely access to care that does not have any communication or physical access barriers.** This includes the right to:
 - Get timely medical care
 - Get in and out of a health care provider's office. This means barrier-free access for people with disabilities, in accordance with the Americans with Disabilities Act
 - Have interpreters to help you communicate with your doctors and your health plan. Call **1-855-705-8823** if you need help with this service
- **You have the right to emergency and urgent care when you need it.** This means you have the right to:
 - Get emergency services, 24 hours a day, 7 days a week, without prior approval in an emergency
 - Use an out-of-network urgent or emergency care provider, when necessary
- **You have a right to confidentiality and privacy.** This includes the right to:
 - Ask for and get a copy of your medical records in a way that you can understand and to ask for your records to be changed or corrected
 - Have your personal health information kept private
- **You have the right to make complaints about your covered services or care.** This includes the right to:
 - Ask for a state fair hearing from the State of California
 - Get a detailed reason for why services were denied

For more information about your rights, you can read the OneCare Connect *Member Handbook*. If you have questions, you can also call OneCare Connect Customer Service.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call **711**. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.

OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan): Summary of Benefits 2022

G. How to file a complaint or appeal a denied service

If you have a complaint or think OneCare Connect should cover something we denied, call OneCare Connect at **1-855-705-8823**. You may be able to appeal our decision.

For questions about complaints and appeals, you can read Chapter 9 of the OneCare Connect *Member Handbook*. You can also call OneCare Connect Customer Service.

H. What to do if you suspect fraud

Most health care professionals and organizations that provide services are honest. Unfortunately, there may be some who are dishonest.

If you think a doctor, hospital, pharmacy or other provider is doing something wrong, please contact us.

- Call us at OneCare Connect Customer Service. Phone numbers are on the cover of this summary.
- Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.
- OneCare Connect also has a Compliance and Ethics Hotline for reporting fraud that you can call toll-free at 1-877-837-4417.



If you have questions, please call OneCare Connect at **1-855-705-8823**, 24 hours a day, 7 days a week. TTY users can call 711. The call is free. **For more information**, visit www.caloptima.org/onecareconnect.



505 City Parkway West | Orange, CA 92868

www.caloptima.org

If you have questions or need help with your health care services, please call CalOptima's OneCare Connect Customer Service Department toll-free at **1-855-705-8823**, 24 hours a day, 7 days a week. We have staff who speak your language. TTY users can call **711**. You can also visit our website at www.caloptima.org/onecareconnect.