



## Tips to Streamline the Prescription Process

- **Refer to the OneCare formulary at the following link for any prior authorization requirements or limitations:**  
[www.caloptima.org/en/ForProviders/PharmacyInformation/OneCareMedicarePartD](http://www.caloptima.org/en/ForProviders/PharmacyInformation/OneCareMedicarePartD)
- **Prescribe electronically whenever possible.**
- **Write for 90-day supplies of chronic medications:** This reduces a member's co-pay, as a 90-day supply has the same co-pay as a 30-day supply.
- **Request medication refill synchronization:** Minimize the need for patients to order frequent refills and make multiple trips to the pharmacy by asking the pharmacy to refill chronic medications on the same day.
- **Remind patients about the option for auto-refills for chronic medications:** Automatic prescription refill programs can improve medication adherence, especially for patients receiving multiple medications. Some pharmacies may require patients to request auto-refills for each medication in person or electronically.
- **Check the CalOptima Health Provider Portal for medication fill history:** The Provider Portal is a secure online website where you have access to CalOptima Health patient information, including prescription claims data. To begin your registration process, please visit <https://providers.caloptima.org/#/login> or contact Provider Relations at **714-246-8600**.